

Dear Friends,

Well, what a scorching summer it has been! We are certainly looking forward to cooler weather. However, the heat certainly hasn't slowed us down here at Hands. We have spent 705 hours helping you in June and July, and that time includes 200 hours of Befriending, 77 transport trips, and 118 shops – plus much more! It brings us great joy to be able to support our ever-growing community of Hands clients.

Upcoming Events

And there's no slowing down just yet. We have a busy events calendar planned for the Autumn. We've two boat trips in September, a half-day on Tues 8th, and a full day on Wed 30th – so there's ample opportunity to get out on the water before the weather turns!

Autumn also brings the return of our Fish 'n Chip Fridays. As before, we will be hosting them at Holy Trinity Church on Twickenham Green, so please do join us on the third Friday of the month for a delicious meal and good conversation! October is definitely a month for our history-lovers – on Wed 14th, we'll be going to the National Archives in Kew for a talk about the Archives and what they hold, and an introduction to family history from archivist Dr Jessamy Carlson. On Wed 28th Oct, Ricky Pound from

Twickenham Museum will be joining us at the ETNA Centre for a talk on Alexander Pope and his Grotto, alongside tea and cake.

Poetry Afternoon returns to the ETNA Centre this November! Join us on Tues 10th November for a lunchtime session themed around "Food & Drink." Please bring a delicious (or not!) poem to read aloud. Tea, sandwiches, and cake will be provided.

To avoid disappointment, please remember to register your interest for these events by calling us on 0208 891 3346 (Mon-Fri 9.30-12.30pm).

Summer Fairs

Thank you so much to those of you who stopped by to say 'hello' at our summer fair stalls this year. Both the Rotary Fair and St Margarets Fair fell on incredibly hot days – so we are so grateful to the volunteers who gave up their time to spread the word of Hands. Combined, we raised £625 for the charity, but most importantly we were able to reach even more people in need of our support.

With warmest wishes,
Tracey & Rosie,
Hands Office Team



We have moved!

We have now moved to the **ETNA Centre (13 Rosslyn Rd, TW1 2AR)**. Please do feel free to pop by to say 'hello', we would love to see you! Please note, our phone number, email and the team have not changed.

Did you know?

We can provide transport to most of our social events – you just need to request it when booking your space, letting us know of any access requirements! Please note this is subject to driver availability.

New office address: Hands, ETNA Centre, 13 Rosslyn Road, Twickenham, TW1 2AR

Events Calendar 2026

MONTH	DATE	TIME	ACTIVITY	VENUE
SEPTEMBER	Tues 8th	2.00-5.00pm	Half Day Boat Trip*** (last spaces remaining)	Teddington with River Thames Boat Project
	Fri 18th	12.00-2.00pm	Fish n Chip Friday**	Holy Trinity Church Hall, 1 Vicarage Road, TW2 5TS
	Weds 30th	10.00am-4.00pm	Full Day Boat Trip****	Teddington with River Thames Boat Project
OCTOBER	Weds 14th	2.00-4.00pm	Talk at the National Archives - An Introduction to Family History*	The National Archives, Richmond, TW9 4DU
	Fri 16th	12.00-2.00pm	Fish n Chip Friday**	Holy Trinity Church Hall, 1 Vicarage Road, TW2 5TS
	Weds 28th	2.00-4.00pm	Talk from Twickenham Museum - Alexander Pope & his Grotto*	Attenborough Hall, ETNA Centre, 13 Rosslyn Road, TW1 2AR
NOVEMBER	Tues 10th	1.15-2.15pm	Poetry Afternoon with Lunch**	Turner Room, ETNA Centre, 13 Rosslyn Road, TW1 2AR
	Fri 20th	12.00-2.00pm	Fish n Chip Friday**	Holy Trinity Church Hall, 1 Vicarage Road, TW2 5TS

Requires a *£5, **£10, ***£15, ****£25 contribution



**Contact us to
register your interest**

Monday to Friday 9.30-12.30

 020 8891 3346

 info@handscaregroup.org.uk

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