

Trustee Recruitment (Charity)

Health & Social Care

Role
Board Member (Trustee)

Sector
Health & Social Care / Welfare (Local Charity)

Location
Twickenham & St Margarets

Remuneration
Voluntary (approved expenses reimbursed)

Time Commitment
5–7 hours per month

Closing Date
Fri 29 May 2026

ABOUT HANDS

Hands is a local neighbourhood charity dedicated to enhancing quality of life and helping people maintain their cherished independence. We serve residents of Twickenham and St Margarets — in particular older people, and those who are isolated or housebound.

Working through a dedicated team of 75 local volunteers, we act as good neighbours, providing friendly support and companionship. Our core services include:

- Befriending and companionship
- Shopping assistance
- Transport support
- Social events and outings
- Practical help — including small DIY tasks, gardening and digital skills support

Website: www.handscaregroup.org.uk

THE OPPORTUNITY

This is a rewarding chance to get involved at grassroots level with a charity that makes a tangible difference to people's lives every day. As a Trustee, you will join a small, committed board and help shape the future of Hands — building on our existing services and exploring new ways to extend our reach and impact.

As our dedicated Health & Social Care Trustee, you will:

- Bring sector expertise to inform and strengthen the services we provide to clients
- Advise on health and social care best practice, regulation, and emerging trends
- Help identify new ways in which Hands can support its clients
- Contribute to strategic planning alongside the board and manager

- Support a culture of continuous improvement in service quality

WHAT DIFFERENCE WILL YOU MAKE?

The direct beneficiaries of your time and expertise will be the vulnerable people we serve every day — many of whom rely on Hands as their primary source of social connection and practical support.

Your contribution will also help us build a more resilient and skilled governing team — one that is better equipped to balance strong operational oversight with bold, forward-thinking strategy.

WHO WE ARE LOOKING FOR

We are particularly keen to hear from candidates with experience in **health and social care**, but we recognise that strong boards benefit from diverse expertise. We would also welcome applications from those with backgrounds in:

- Finance or audit
- Human resources
- Legal or governance
- Voluntary or community sector leadership

Whatever your professional background, we are looking for someone who:

- Has the confidence to voice their views clearly and constructively in meetings
- Is genuinely committed to Hands' mission of empowering those who need support
- Shares our core values of respect, inclusion, integrity, collaboration, excellence and enabling
- Is willing to embrace and champion our safeguarding policies and culture

All Hands trustees are required to share our commitment to safeguarding, which includes completing relevant training (including periodic refreshers), or demonstrating equivalent training already undertaken.

HOW TO APPLY

We would love to hear from you. To apply or find out more, please visit:

Application link: chair@handscaregroup.org.uk

If you have any questions before applying, please don't hesitate to reach out — we are happy to have an informal conversation.