

Autumn Newsletter

October 2025

Dear Friends,

As the crisp, cool air of autumn settles in, we want to remind you that this season brings not only beautiful colours but also an opportunity for connection, care, and community. The shorter days and cooler weather can sometimes make it feel harder to get out and about. But don't worry - we're here for you. Whether you're looking for support, help with transport or just a good conversation, we're committed to helping you enjoy this beautiful season to the fullest.

Upcoming Events

We are excited to announce our Autumn programme of social events including talks, coffee mornings and much more. Building on the success of our first Afternoon Tea and Quiz in July, we will be hosting another quiz in November followed by a Christmas event in St Mary's Church on 17th December. If you'd prefer an informal chat over a coffee - join us at Soul café on 27th Nov. Or if local history is your thing, we have an interesting talk on Victorian Richmond on 21st October with Vicky McGrath from Museum of Richmond.

To avoid disappointment, please remember to register your interest for these events by calling us on 0208 891 3346 (Mon-Fri 9.30-12.30pm).

Christmas closure dates

- Open until 12.30pm on Tues 23 Dec 2025
- Re-open at 9.30am on Friday 2 Jan 2026

Please ensure you get enough shopping to cover this period. Contact the office to make any arrangements you may need whilst we are closed and we will do our best to help.

Office News

Sadly, we waved goodbye to Rhiannon in July as she set off on her travels around South America with her partner. The good news is that Rosie Joyce recently joined the office team as our new Administrator and she's looking forward to meeting everyone over the next few months.

Hands needs have grown, particularly over the last year, so we will soon be moving to new offices. From 15th October, our new home will be Suite 310, Regal House, 100 London Road, Twickenham - our telephone number and email address will remain the same. The library has served us well for nine years and we will continue to welcome you to Afternoon Teas and other social events at the library for the foreseeable future.

A Note of Thanks

Finally, we'd like to take a moment to thank everyone who has supported Hands throughout the year. Whether through donations, volunteering, or simply sharing a kind word, your efforts make a big difference.

With warmest wishes, **Tracey & Rosie, Hands Office Team**





your ideas and suggestions

At Hands, we're all about community and that means we want to hear from you. Your feedback helps to shape our services and events so please give us a call with your ideas. We'd love to hear from you.

020 8891 3346

info@handscaregroup.org.uk



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Events Calendar 2025

| MONTH | DATE | TIME | ACTIVITY | VENUE |
|----------|-----------|---------------|-----------------------------------|--|
| OCTOBER | Tues 21st | 2.30 - 4.00pm | Talk on Victorian Richmond * | Arthur Burrell Room, 1st floor, Twickenham Library |
| NOVEMBER | Mon 3rd | 2.00 - 4.00pm | Afternoon Tea and Quiz * | Arthur Burrell Room, 1st floor, Twickenham Library |
| | Thur 27th | 11.00-12.30pm | Coffee Morning * | SOUL Café, Heath Road |
| DECEMBER | Thur 4th | 6.00-9.00pm | Christmas Dinner ** | Turks Head, St Margarets (Hosted by St Margarets Fair) |
| | Wed 17th | 12.00-2.00pm | Christmas Carols & Light Lunch | St Mary's Church, Church Street, Twickenham |
| | Thur 25th | Lunch (tbc) | Christmas Day Lunch ** | Hampton Hill or East Twickenham (venue & host tbc) |

Requires a ***£5** contribution. ******Limited places available

Contact us to register your interest

Monday to Friday 9.30-12.30

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