



Dear Friends,

As we approach the holiday season, we wanted to take a moment to thank you, from the bottom of our hearts for being such an important part of our community this year.

2024 has been a year filled with care and kindness – and it's all because of you. Whether you've been a volunteer, donor or simply a friend, your support has made a huge difference. And to all our clients, we have really enjoyed supporting you and we look forward to seeing you in 2025.

Reflecting on the Year

Looking back, this year has been one of warmth, togetherness and a just a bit of change. Rhiannon and Tracey joined this year to work with our wonderful team of volunteers organising all the work we do, the afternoon teas, befriending, shopping and so much more. We are incredibly grateful to all of our volunteers whose kindness and dedication are the backbone of everything we do.

Looking forward to 2025

As we look ahead, we're excited to offer even more ways to stay connected, including a new programme of social events (see overleaf) and a new website to be launched in the New Year. We want to make sure everyone has the chance to feel connected, supported and cared for by Hands. So do keep in touch and tell us how it is all working.

Wishing you a Merry Christmas

On behalf of everyone at Hands, we wish you a very Merry Christmas and we look forward to sharing many more wonderful moments together in 2025. With warmest wishes from all the Trustees, Office Volunteers and us.

Tracey and Rhiannon, Hands Office Team



Tracey

Rhiannon
x



Christmas opening times

- Open until 12:30 PM on Mon 23 Dec 2024
- Re-open at 9:30 AM on Thur 2 Jan 2025

Please ensure you get enough shopping in to cover this period. Contact the office to make any arrangements you may need whilst we are closed and we will do our best to help.



Advice or help

If you're struggling over Christmas and would like someone to talk to or need some advice or support, please contact:

The Age UK Advice Line on 0800 678 1602

This is a free confidential service open 8am-7pm, 365 days a year.

MONTH	DATE	TIME	ACTIVITY	VENUE	REGISTER YOUR INTEREST BY
JANUARY	Fri 31st	2.30 - 4.00pm	Afternoon Tea	Arthur Burrell Room, 1st Floor, Twickenham Library	Fri 10th January 2025
FEBRUARY	Tues 11th	2.30 - 4.00pm	Talk on 'The History of Eel Pie Island' *	Arthur Burrell Room, 1st Floor, Twickenham Library	Fri 24th January 2025
MARCH	Fri 21st	2.30 - 4.00pm	Afternoon Tea	Arthur Burrell Room, 1st Floor, Twickenham Library	Fri 7th March 2025
APRIL	Thur 10th	2.00 - 3.30pm	Easter Trip to Squires for tea and shopping *	Squires Garden Centre	Fri 21st March 2025
MAY	Wed 21st	2.00 - 5.00pm	Half day boat trip **	River Thames Boat Project, Teddington	Fri 2nd May 2025
	Mon 26th	10.30 - 3.30pm	The Rotary May Fair	Twickenham Green	<i>Public Event - Come visit us at the Hands stall!</i>

* Requires a £5 contribution

** Requires a £10 contribution

Contact us to register your interest

(Mon-Fri 9.30-12.30)

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